

## Practices of Hygiene, Sanitation and Water Supply: A Study of Medinipur District (Wb)

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**Abstract:** Schools are the most vital spots of learning for children after family. The students have a focal place in the community. Schools are energizing learning situations for children and start change to society. On the off chance that sanitation offices in schools wind up noticeably accessible, students can assume an essential part. They can go about as models, and educators can work as good examples. Schools may likewise impact communities of the individual zone through exceptional exercises, through their students. Schools are in a connection with a huge extent of the families in a community in a nation (UNICEF, 1993). This examination paper is intended to evaluate the elements which are affecting sanitation practice and hygiene behavior among school children. This investigation likewise concentrates on contrasting the hygiene rehearses among the school offspring of provincial zones in Medinipur.

**Keywords:** Hygiene, Sanitation & Water Supply Etc.

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### I. Introduction

Consistently, around two million peoples die due to diarrheal sicknesses. Among them the vast majority of the passing happen in children younger than five years of age (WHO, 2013). In creating nations like India poor school sanitation practices and hygiene behaviorism a noteworthy issue and remains a high hazard conduct among school going children, making numerous students fall sick and even amazing. Numerous gastrointestinal diseases have been connected with grade schools (UNICEF, 1998).

The real reasons for mortality for children under five are disgraceful sanitation, water shortage, and low water quality. Unseemly hygiene practices are awful for babies and youthful children. These sorts of conditions are likewise harmful to the wellbeing of school-going children. The physical condition and neatness of a school office essentially influences the strength of children. Malady tracts rapidly in shut spaces with less ventilation, where hand-washing offices or cleanser are not accessible, and the toilets are in ruination. Presently one might say, schools are the potential spots of tyke sickness. (WASH in school, 2011)

### II. Rationale Of The Study

Schools are the most vital spots of learning for children after family. The students have a focal place in the community. Schools are energizing learning situations for children and start change to society. On the off chance that sanitation offices in schools end up plainly accessible, students can assume a vital part. They can go about as models, and instructors can work as good examples. Schools may likewise impact communities of the individual territory through uncommon exercises, through their students. Schools are in a connection with an extensive extent of the family units in a community in a nation (UNICEF, 1993).

Investigations among school children speak to that about portion of the infections found are identified with unhygienic conditions and absence of individual mindfulness. Once more, it is for the most part acknowledged that adolescence is the best time for children to find out about hygiene practices at home or school. Children are the back guardians and their insight about hygiene behaviors probably going to be connected for whatever is left of their lives. Children are energetically consented to learn, educate and help to others and they can deal with their own particular wellbeing and the strength of environment peoples. Children are additionally prone to affirm the supportability of a program's effect in future which must be useful for the community and the country (IRC, 1993).

In provincial regions, school-based hygiene, sanitation and water treatment programs increment understudy information about hygiene, and decline non-attendance in school. Grade school programs should be orchestrated the anticipation of looseness of the bowels by creating drinking water and hand washing stations in

schools, showing students about sanitation, hygiene and water treatment and urging them to impart the messages to their families (Patel et al., 2012).

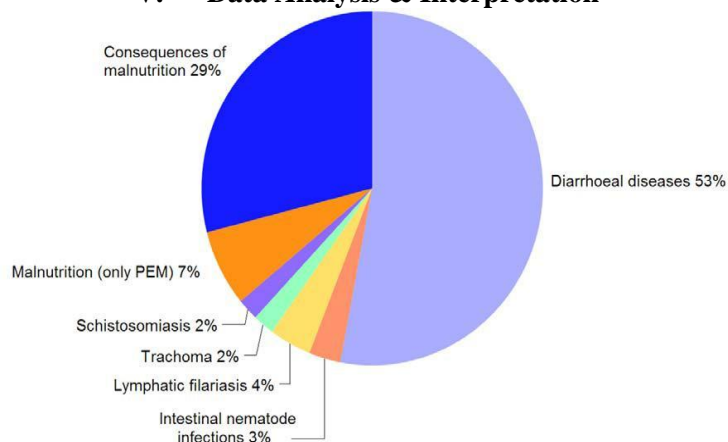
### III. Objectives Of The Study

- To discover the current sanitation, hygiene and water supply practices of students in the schools of rural areas in Medinipur.
- An observation of impact of health implications on sanitation hygiene and water supply homes.

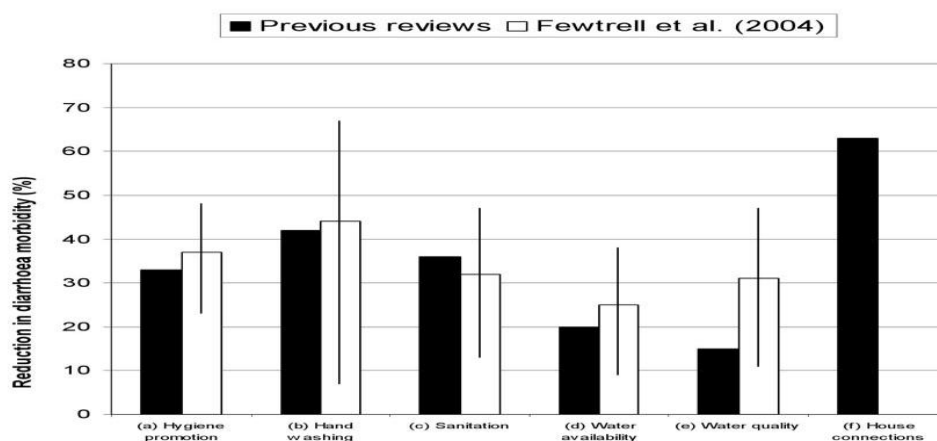
### IV. Research Methodology

The exploration was completed among the students of rural primary schools and their educators to guarantee legitimate data about the sanitation status of the separate school. This examination was directed in 10 schools in provincial region of Medinipur locale among which 100 students were picked by utilizing basic irregular inspecting procedure. The visited students were around the age of 6-15 years. The class variety was one to ten individually. A school based illustrative cross-sectional examination was directed in Medinipur District of West Bengal to gather data concerning sanitation rehearses in schools. An organized poll and observational agenda were utilized to gather information that was pre-ried on 10 students in a comparative school in the examination territory which was excluded in the investigation. The poll comprised of statistic data (sexual orientation, age), parent's instructive status (uneducated, proficient or taught) and information inquiries on the three key hygiene practices as per World Health Organization that is water dealing with, toilet use, and hand washing rehearses.

### V. Data Analysis & Interpretation



**Figure 1.** Contributions in DALYs of individual diseases to the total burden of ill-health preventable by improvements in HSW. PEM, protein-energy malnutrition. Source: [1]. doi:10.1371/journal.pmed.1000367.g001



**Figure 2.** Results of reviews of the effect on diarrhea of HSW interventions. Results of the previous reviews are for the better quality studies. The reduction for household drinking water connections is in **addition to** reductions for water quality and availability of public sources. Previous reviews: (a), (c)–(f) [8]; (b) [11]. Fewtrell et al. [57]. doi:10.1371/journal.pmed.1000367.g002

## **VI. Results & Discussion**

### **Family status and age of the students**

In the investigation zone among 100 students around 44% students were from working class families the vast majority of which are in country school. Were as 24% understudy's families were under destitution line and 5% understudy's families were under extreme neediness line a large portion of them were in provincial school. In the examination populace around 49% students' age were in the gathering of 11-14 years, 28% students were in the age of 7-10 years and 19% students were in the time of over 14 years.

### **Educational status of the student's family**

From the review result it has been discovered that around 18% respondent's family were ignorant, 39% respondents were instructed and the real rate (43%) understudy's families were proficient. In rustic region the education rates of the families were 37% and in sub-urban zone the proficient families were half. Then again most ignorant families were found in sub-urban zone (35%) and in country zone the unskilled people are just 2%.

### **Number of toilets and recurrence of toilets cleaning for the school children**

In rustic region's school the proportion of understudy and can is 58:1, the condition in sub-urban regions school is more pivotal. Here the no of understudy: latrine proportion is 103:1. The normal proportion is 71:1 that is for each 71 students have just 1 latrine to utilize which isn't sufficient to keep up legitimate hygiene. From the overview information it has been additionally discovered that in the greater part of the schools the can is tidy up between 3-5 days interim that is likewise insufficient to keep up legitimate hygiene.

### **Accessible wellspring of water in the school**

Wellsprings of water are essential for keeping up legitimate sanitation. From the investigation territory it has been discovered that the accessible wellspring of water in the school is basically the profound tube-well (51%) and the other essential sources are the pipeline supply (28%) and different sources (21%). In setting of drinking water the real source is profound tube-well water (95%) and just 5% students take supply water for drinking purposes which is appeared in the accompanying Figures 3 and 4. The discoveries from this area are like (WASH, 2011) where tube-well is the most widely recognized source as announced in 79.1% of schools and furthermore have some non-utilitarian water point for schools utilize.

### **Accessibility of water cleansing framework in school**

In the investigation region, just 38% students can get the office of water cleansing framework. So we can guarantee that the greater part of the students have no office of cleansed water from water filtration framework. Around 62% students have no real way to get unadulterated water from water purging framework. So they rely upon tube-well water to drink straightforwardly. As indicated by (WASH, 2011), 80 percent essential and optional school's water are adequate for drinking as far as photoreceptive prerequisites. In the examination between rates of provincial and sub-urban region the photo isn't great in sub-urban region. In sub-urban zone just 11% students get the office of water filtration framework. What's more, in urban region 66% students get the office. In sub-urban zone the fundamental issue is ignorance and absence of spending plan. They think tube-well water has no issue and a few students from rustic zone likewise think the tube-well water is great.

### **Status of hand washing rehearses before taking sustenance in school**

Hand washing is one of the significant criteria in sanitation. Sanitation can't be satisfied without issues of hand washing. In educational time right around 100% students wash their hands legitimately with water when they eat rice as they have said amid study time. Be that as it may, in school when they take snacks, 64% students don't wash their hand and just 36% students wash their hands with water. The discoveries agree with (NETWAS, 2003) who found that exclusive 47 % of students washed hands previously suppers while 53% did not.

The school offspring of sub-urban territory are falling behind additional in washing hand before taking bites in school than the urban students. At the point when 42% students of provincial zone wash their hand before taking tidbits, just 29% students of sub-urban territory do that. In any case, here the students who don't wash their hand legitimately before taking nourishment in school their rate are higher in both the urban region (58%) and sub-urban territory (71%).

### **Status of hand washing after poop and washing substances**

The majority of the talked with students said that they washed their hand after poop yet when gotten some information about the washing materials the greater part of them said just water. In a basic word, it

couldn't be said as washing the hand. However the students of the went by school utilized either just water or strong cleanser. Yet, the cleanser utilizing understudy's numbers were next to no (36%) with contrasting just the water utilizing students (64%) which is appeared in the Figure 7. This is like the Turkey considers (Yalcin et al, 2004) where a normal of 37.7% children and 42.4% of school children, separately, washed their hands with cleanser.

### **Wellbeing status of the school children**

From the study result it has been discovered that around 23% students' wellbeing status was great, 46% students were reasonably great in wellbeing and the rest 24% and 9 % were normal and not well in like manner. The comparable condition was found by WHO (1985) that the wellbeing status of school children were bad in creating nations because of transmission of looseness of the bowels and worm contaminations.

## **VII. Conclusion**

School assumes an essential part to share learning and fundamental ability preparing important to water and sanitation related practice. Water supply and sanitation rehearse is specifically identified with human lives. Medinipur faces the serious issue in these respects. In the investigation territory, it is discovered that, about portion of the students are from white collar class family, the rate is 44% and the majority of the respondent students are in the age of 11-14 years. Both in urban and sub-urban territory there is an awesome distinction in both proficiency and societal position. So by and large it is regular to look through the distinctions in sanitation routine with regards to the schools of the diverse territory. The examination demonstrates that the proportion of understudy and latrine is 71:1 in the investigation territory where 58:1 in urban zone and 103:1 in sub-urban region. As the school children are between the ages of 06-15 so in more cases they have no appropriate learning to utilize latrine.

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